

Masters of Education in Professional Counseling  
School Counseling

Program of Study

Education Core			
Course	Title	Description	Credits
EDUC 3355	Exceptional Child *Must receive a grade of B or higher	A comprehensive introduction to the education of students with special needs. The intent of this course is to provide educators with the knowledge skills, attitudes, and beliefs that are crucial to constructing learning environments which allow all students to reach their potential. A foundational knowledge in the concepts of co-teaching and differentiated instruction will be emphasized. There will be 15 hours of directed field experiences embedded into this course. <i>Candidates with previous credit for this course take EDUC 6633 Curriculum and Differentiated Instruction</i>	3
EDUC 6657	Critical Skills for the Modern Classroom	Candidates will learn the interpersonal skills necessary for effective professional partnerships, strategies for co-planning, evidence-based approaches to delivering co-teaching, and collaborative assessment practices. This course will also prepare candidates to identify and serve students in classrooms who require extra support but do not qualify for special education services. Specifically, candidates will learn strategies for providing instruction to English language learners, students on 504 plans, students with mild disabilities (that do not warrant special education services), students with mental health disorders, and/or students with learning struggles based on a history of poor instruction. This course will also provide candidates with a repertoire of skills for providing extra support to struggling students within the context of a response to intervention or multitiered systems of support model.	3
Counseling Core			
Course	Title	Description	Credits
CNSL 6100	Theories of Counseling	This course defines and examines the major concepts and practices of emerging counseling theories. A major focus will be on the practical application and current use of the theories and techniques used in counseling, with particular attention to use with diverse populations.	3
CNSL 6140	Group Counseling & Group Work	This course provides for the understanding of leading, developing, and evaluating the effectiveness of group counseling. The course will include the development of various types of groups including group proposal, session development, group dynamics, group leadership and evaluation, treatment planning, group intervention, and counseling skills. This course involves student participation in a direct experience as a group member in an online synchronous small group activity, approved by the program, for a minimum of ten clock hours over the course of one academic term.	3
CNSL 6160	Assessment & Testing	This course examines the introduction to the history and theory of measurement as it applies to counselors. Students will learn the basic concepts of standardized and non-standardized testing, norm-referenced and criterion-referenced assessments, and group and individual assessments. Basic statistical concepts will be explored and the use of assessment results in diagnosis and treatment planning will be discussed.	3
CNSL 6180	Lifespan Development	Theories and current research in development across the lifespan with emphasis on applications to counseling. This course explores the various developmental stages of the human lifespan including childhood, adolescence, adulthood, and death/ dying. The characteristics of each stage are addressed through key developmental theories. The focus is on milestones as well as developmental problems.	3
CNSL 6200	Social and Cultural Foundations	This course will examine multicultural and pluralistic characteristics within and among diverse groups nationally and internationally. The focus will examine theories and models of multicultural counseling, cultural identity development, and social justice and advocacy.	3

CNSL 6230	Child and Adolescent Counseling		3
CNSL 6400	Professional Foundations of Counseling	Orientation to the counseling profession with emphasis on philosophical, historical, psychological, and organizational foundations of professional practice. The course broadly examines the major tenets of the counseling profession: advocacy and multicultural counseling, licensure, professional associations, ethical/legal issues, crisis intervention, consultation, supervision, outcomes, research, and the counseling process, with diverse applications across the life span, settings, and specialties.	3
CNSL 6410	Ethical, Legal, and Professional Issues in Counseling	This course will provide an opportunity for understanding the complex ethical and legal issues in the counseling profession. Students will be expected to actively participate in online discussions focusing on complicated and challenging topics.	3
CNSL 6420	Counseling & Helping Relationships	This course focuses on the stages of the helping relationship. Students apply basic and advanced counseling skills in videotaped role-plays. Students learn to assist clients in identifying problems that provide the focus for counseling and implementing a treatment plan. A primary focus will be on methods, interventions, and skills essential to counseling.	
CNSL 6430	Psychopathology and Diagnosis	This course is designed to help students understand the diagnostic process, including differential diagnosis and the use of current diagnostic classification systems, including the Diagnostic and Statistical Manual of Mental Disorders (DSM) and the International Classification of Diseases (ICD).	3
CNSL 6880	Research and Program Evaluation	This course examines the major modes of inquiry in counseling research including experimental, casual comparative, descriptive, qualitative inquiry, and action research models. Statistical concepts, including scales of measurement, measures of central tendency, indices of variability, shapes and types of distributions, and correlations reliability and validity in the use of assessments .	3
School Counseling Core			
Course	Title	Description	Credits
CNSL 6510	Foundation of School Counseling & Ethical Practice	This course is designed to examine the philosophical basis for school counseling including historical and current trends within the field. The course examines program development for P-12 students based on the American School Counselor Association's national model and standards for school counseling programs. The course will also focus on ethical considerations specific to the practice of school counseling.	3
CNSL 6540	College Access & Career Readiness	This course is designed to explore pathways throughout P-12 education that led to college and/or careers. The course examines the field of career counseling including career development theories, career assessments, and current/future employment trends. The course also explores multicultural career issues and college admission trends.	3
CNSL 6550	Counseling Systems & Interventions	This course is designed to help candidates identify, prevent, and mediate barriers to learning including cognitive, social, emotional, and physical issues that may impact development and function. Candidates will explore intervention systems with specific emphasis placed on the Multi-tiered System of Supports (MTSS). Candidates will also focus on social emotional learning (SEL), positive behavior interventions (PBIS), and school climate. Field Experiences are required during this course.	3
CNSL 6560	Crisis, Trauma, and Emergency Intervention	The course is designed to investigate crisis intervention models that promote physical and mental well-being. The course will focus on crisis prevention including de-escalation and behavior management strategies. Candidates will also develop skills and knowledge required to assist administrators, teachers, and students during crisis situations.	3
Clinical Practice			
CNSL 6450	Practicum	100 Clinical Hours over 8 weeks The Counseling Practicum is a one-term supervised counseling experience in at a site offering psychological counseling services. It is designed to place student counselors in extended counseling relationships and situations with a variety of clients under close site and university supervision. Students are required to have the ability to tape client interactions and to provide evidence of a minimum of 100 clinical hours at the site.	3
CNSL	Internship I	300 hours over 1 semester	3

6480		The Counseling Internship is a two-semester supervised counseling experience in at a site offering psychological counseling services. The internship provides for the application of theory and the development of counseling skills under supervision by both a site and university supervisor. These experiences will provide opportunities for students to counsel clients who represent the ethnic and demographic diversity of their community. Students are required to have the ability to tape client interactions and to provide evidence of a minimum of 300 clinical hours at the site.	
CNSL 6580	School Internship II	School setting over 1 semester	3

### Example Progression

Year 1								
Semester 1 (Fall)			Semester 2 (Spring)			Semester 3 (Summer)		
CNSL 6400	Professional Foundations of Counseling	3hrs	CNSL 6200	Social & Cultural Foundations	3hrs	CNSL 6230	Child and Adolescent Counseling	3hrs
CNSL 6410	Ethical, Legal, and Professional Issues in Counseling	3hrs	CNSL 6430	Psychopathology and Diagnosis	3hrs	CNSL 6180	Lifespan Development	3hrs
CNSL 6100	Theories of Counseling	3hrs	CNSL 6420	Counseling & Helping Relationships	3hrs	CNSL 6510	Foundations of School Counseling and Ethical Practice	3hrs
Year 2								
Semester 4 (Fall 2)			Semester 5 (Spring 2)			Semester 6 (Summer 2)		
CNSL 6450	Practicum	3hrs	CNSL 6830	Crisis, Trauma & Emergency Intervention	3hrs	CNSL 6540	College Access & Career Readiness	3hrs
CNSL 6550	Counseling Systems & Interventions	3hrs	CNSL 6140	Group Counseling & Group Work	3hrs	CNSL 6800	Research and Program Assessment	3hrs
CNSL 6160	Assessment & Testing	3hrs	CNSL 6480	School Internship I	3hrs	EDUC 6655	Exceptional Child*	3hrs
Year 3								
Semester 7 (Fall 3)								
EDUC 6657	Critical Skills for the Modern Classroom	3hrs						
CNSL 6850	School Internship II	3hrs						
	Total	60hrs						

\*Student who have already taken the Exceptional Child course may take EDUC 6633 Curriculum and Differentiated Instruction

