

## D: ATS Student-Athlete Agreement Form

### Background

A number of students interested in the Piedmont University Athletic Training Program also have an interest in participating on an intercollegiate athletic team. The Athletic Training major has a significant clinical component which requires student commitment during afternoons, evenings, and on weekends. Time conflicts between sport demands and clinical requirements can occur. The athletic training faculty is committed to encouraging students and assisting them in taking advantage of the co-curricular opportunities on campus. In order to fulfill the requirements of the athletic training program, and have quality clinical experiences to enable the student to become a skilled health care professional, the following guidelines have been designed.

### Guidelines

1. Due to the time constraints imposed by the athletic training program, students admitted to the program are strongly encouraged to reduce their participation in other time-intensive activities and programs.
2. The athletic training student's primary responsibility during his/her intercollegiate athletic team's traditional season will be participation with the intercollegiate team. He/she must complete the clinical experience hours required for the respective Practicum course (*150hrs per course in ATRG5201 and ATRG5221 and 300hrs per course in ATRG6301 and ATRG6321*).
3. The athletic training student's primary responsibility during his/her intercollegiate team's traditional offseason will be his/her athletic training clinical experience assignment/hours. All workouts, meetings, and sessions related to the intercollegiate sport will be secondary to athletic training clinicals. There are no restrictions on sport participation on off-days from clinicals.
4. Athletic training students who participate in intercollegiate athletics must, like all students, fulfill all the didactic and clinical program requirements before they graduate (*including the minimum hours per week and total hours expectations*).
5. Reaching the minimum clinical experience hours does not mean the end of the clinical experience rotation. Athletic training students must complete the entire clinical experience to which they have been assigned.
6. Some athletic training students/student-athletes may need to remain at Piedmont University for an additional semester to ensure they have received the clinical experience necessary to graduate and sit for the BOC certification examination. This will be determined on an individual basis.
7. All students must complete two 7-week non-immersive clinical rotations in each of the fall and spring ATRG5201 and ATRG5221 Practicum courses (*four non-immersive clinical rotations total*).
  - a. All students must complete a minimum of 8 clinical hours per week for each of the 15 weeks in the term **AND** complete a minimum of 150 clinical hours each semester in ATRG5201 and ATRG5221 (*students should average 10+ hours per week to meet the minimum course requirements*).
8. All students must complete two 7-week clinical rotations in each of the fall and spring ATRG6301 and ATRG6321 Practicum courses, of which two 4-week blocks within two 7-week rotations must be immersive and meet the CAATE expectation of "totality". Additionally, one of the four 7-week rotations this year will be Medical, split equally between a primary care site and an orthopedic care site with the program Medical Director).
  - a. All students must complete a minimum of 16 clinical hours per week for each of the 15 weeks in the term **AND** complete a minimum of 300 clinical hours each semester in

- ATRG6301 and ATRG6321 (*students should average 20+ hours per week to meet the minimum course requirement*).
- b. Of the two required immersive clinical rotations, one must be with a preceptor assigned to either Football or Men's Lacrosse. All students will be given the option to choose which equipment immersive sport they want to do (FB or MLAX); athletes may choose to do this either in or out of their traditional competition season. (*Note: it may be possible to arrange an immersive experience with ice hockey as a third option, but this cannot be guaranteed.*)
  - c. Students may choose to complete both immersive clinical rotations in one term (both in fall or spring) or can do one in each term. However, immersive rotations cannot be with the same patient population (*students must have two different immersive experiences*).
  - d. During the two 4-week immersive clinical blocks, students will only be allowed to attend synchronous class/lab between 8am-10am on weekdays. Outside of this short academic block, they will be at their clinical site for the same schedule as their preceptor (days and clock hours); they will not be allowed to attend synchronous class/lab, athletics practices/competitions, or work except when their preceptor is off (students' off/free time is theirs to use as they will). [*CAATE Standard 16: An athletic training immersive clinical experience is a practice-intensive experience that allows the student to experience the totality of care provided by athletic trainers. Students must participate in the day-to-day and week-to-week role of an athletic trainer for a period of time identified by the program (but minimally one continuous four-week period).*]
9. All students will also complete "Medical" clinical rotations with allied health professionals in the community concurrent with their enrollment in ATRG5201, ATRG5221, ATRG6301, and ATRG6321.
- a. All students will attend at least two clinical sessions at Grace Gate per semester (*minimum of eight before graduation*).
  - b. All students must complete a minimum of 16 clinical hours in each of two 2-week EMS rotations in ATRG5201 and ATRG5221 (8hrs per week) in both the fall and spring terms. These rotations will be scheduled concurrently with their 7-week rotations described above and can be done around athletics participation.
  - c. All students must complete a minimum of 56 clinical hours at each of their two medical rotations in ATRG6301 or ATRG6321 (112hrs total; 16hrs per week at both the primary care site and the orthopedic care site over the 7-week block). These rotations can be partially scheduled around athletics participation, but some overlap is possible (*there are four 7-week blocks possible over the course of the year, of which 1 will be used for the two medical rotations*).

*Clinical Rotation Information is on the next page.*

I certify that I have read the Piedmont University ATS/Student-athlete agreement and am fully aware of the requirements, including those of the immersive clinical experience and minimum weekly and semester clinical hours expectations. I understand that if I fall behind academically or clinically due to participating in both these activities, I may have to choose between the two. If I have questions or need clarification, I will contact both the ATRG Program Director and my Coach.

By signing below, I have indicated my agreement and understanding of these policies.

\_\_\_\_\_  
Name (Please print)

\_\_\_\_\_  
Signature

Date \_\_\_\_\_

\_\_\_\_\_  
Intercollegiate Coach Name (Please print)

\_\_\_\_\_  
Signature

Date \_\_\_\_\_