

## 2-Step (PPD/Mantoux) TB Test and Chest X-Ray Instructions

### How do I Get the 2-Step TB Test?

Essentially, these are Two TB Tests completed at least a week apart. Here's the breakdown of the timeline of how your medical provider visits will go:

1. **First Visit:**
  - Get the TB shot (make sure you get documentation for this – date and signature)
2. **Second Visit:**
  - **48-72 hours after visit #1** you go back to get the TB Test Reading (results) – this should be given in millimeters (mm), which will determine whether the test is positive or negative.
3. **Third Visit:**
  - **No sooner than one week after visit #1 TB shot, no later than 3 months after visit #1** . You will get the whole process done over again. This visit you get your 2<sup>nd</sup> TB shot.
4. **Fourth (Final) Visit:**
  - **48-72 hours after visit #3** you will get the 2<sup>nd</sup> TB shot reading. Again, you need documentation stating the results in millimeters (mm) and whether the result is positive or negative.

***Note of Caution:*** *You do not want to make the mistake of thinking that because a normal TB Test has 2 components (TB shot and TB reading) that it will fulfill the 2-Step TB Test requirement. You must actually have 2 “separate” TB Tests.*

### When Should I Start the Process?

- TB testing is an annual requirement that you will have to renew each year throughout your time in the program.

### What if I get a Positive TB Test Result?

- If you receive a positive TB Test result, you need to get a **Chest X-Ray** to determine whether or not you actually have Tuberculosis. You can do this the same day as your positive TB Test.
- If you've previously tested positive for TB, and have a Chest X-Ray that has been completed within the past 4 years, you can turn in the documentation for the Chest X-Ray

**Note:** Once a positive TB Test is received, you will always test positive for TB. Therefore, from that point on, you will need to get a Chest X-Ray every four years.

### What 2-Step TB/Chest X-Ray Documentation Will I Need to Provide the Nursing Program?

- **For a Negative 2-Step TB Test:**  
Submission of official documentation showing dates and results of screening. ie. 7/27/17-0 mm
- For a Positive TB Test and Chest X-Ray:
- Turn in the copy of your positive results with your follow -up chest x-ray showing that you have been cleared (don't have active TB)

QuantIFERON Gold Test--blood test that detects the presence of active TB. Must be done yearly and can take the place of the 2-step PPD.