ABOUT THE PROGRAMS
Piedmont College offers three new bachelor of science programs for students interested in careers in the exciting fields of Athletic Training, Exercise and Sport Science, or Health, Nutrition and Wellness. These majors involve students taking a broad range of courses, including biology, anatomy, nutrition, and biomechanics, in order to serve as health professionals working in areas of fitness, injury prevention, rehabilitation, and wellness.

ATHLETIC TRAINING
Athletic Training (AT) courses cover a wide range of health care subjects, from pathology of injuries and illnesses, to conditioning and rehabilitative exercises, to nutrition and pharmacology. Students receive classroom instruction and serve clinical practicums at health care facilities across northeast Georgia. The Bachelor of Science in Athletic Training degree may be completed in four academic years for students entering at the freshman level.

The Athletic Training Program is seeking accreditation through the Commission on Accreditation of Athletic Training Education. This process began in January 2014 and will conclude with a formal CAATE site visit in January/February 2017 as the first cohort of students is approaching graduation.

EXERCISE AND SPORT SCIENCE
Exercise and Sport Science (EXSS) is a branch of sports medicine providing a link between physically active individuals and the medical community. Graduates provide health and fitness assessments, skill training, and rehabilitation procedures. Sport scientists work with clients to create programs that will help them meet their fitness and wellness goals.

HEALTH, NUTRITION, AND WELLNESS
Graduates of the Health, Nutrition, and Wellness (HNW) program help individuals achieve optimal health and fitness while leading more balanced and meaningful lives. This cross-disciplinary degree combines the study of biology, anatomy, physiology, nutrition, fitness assessment, exercise prescription, community health and welfare, and the prevention and control of disease. Depending on electives completed, there are several excellent career and graduate school options to pursue, including exercise science, public health (MPH), business administration (MBA), recreational therapy (MS), or nutritional science (IMS).

COMING TO PIEDMONT

WHERE DO I START? For more information about the Athletic Training or the Exercise and Sport Science programs, visit www.piedmont.edu/dsn or phone the Piedmont College Daniel School of Nursing and Health Sciences at 706-776-0116.

HOW DO I APPLY? For information about the application process, or to apply online, contact the Piedmont College Admissions Office at www.piedmont.edu/ugrad or phone 1-800-277-7020. After you have applied, please have official high school or college transcripts mailed to Piedmont College, Admissions Office, P.O. Box 10, Demorest GA 30535.

FINANCIAL AID There is need-based and non-need-based student aid available to assist with the cost of tuition. All full-time Georgia residents may be eligible for the Georgia Tuition Equalization Grant and the HOPE scholarship. To contact the Financial Aid Office for specific information, visit www.piedmont.edu/financial_aid.

ABOUT PIEDMONT COLLEGE Founded in ‘897, Piedmont College has an outstanding tradition of excellence in professional education. If you are looking for individualized instruction in a friendly atmosphere, Piedmont College is the place for you.

NEED ADDITIONAL INFORMATION? To find out more about this program, please contact the School of Nursing and Health Sciences Demorest 706.776.0116 Or email vmiller@piedmont.edu Piedmont College PO Box 10, Demorest GA 30535

www.piedmont.edu
ADMISSION

ATHLETIC TRAINING: Admission to Piedmont does not guarantee admission to the Athletic Training program, and students must also meet all admission criteria specified by the School of Nursing and Health Sciences.

EXERCISE SPORT SCIENCE AND HEALTH, NUTRITION, AND WELLNESS: Students admitted to Piedmont may simply declare a major in these areas.

WHICH MAJOR IS RIGHT FOR ME?

While students in these programs take many of the same courses, the Athletic Training track is designed to prepare graduates for the National Athletic Trainers' Association Board of Certification exam. Students in the Exercise and Sport Science and the Health, Nutrition, and Wellness tracks are not required to complete the 900+ hours of clinical education that is required for the Athletic Training degree. EXSS graduates may take the National Strength and Conditioning Association's Certified Strength and Conditioning Specialist's exam.

Graduates of all three programs may work in college or professional sports settings, corporate wellness, fitness and recreation areas, military or government agencies, and the performing arts. Graduates also take most of the prerequisites for advanced studies to become physical therapists or physician's assistants.

Whichever major you choose, Piedmont College's R.H. Daniel School of Nursing and Health Sciences professors are dedicated to providing an outstanding and personalized program of study that prepares you to enter the professional work force.

For more information about these programs, visit www.piedmont.edu/dsn.